

CASTEL HÖRTENBERG



SPA A LA CÂRTE

RITUALISTIC TREATMENTS FOR FACE AND BODY

Revitalizing Ritual

[60 min.] €110

Ritual dedicated to body care and harmony of the senses. Complete and rejuvenating under the banner of natural beauty. Developed in several stages including a warm cleansing based on pure and natural essential oils, a gentle exfoliation with Rose scrub, and in conclusion a restructuring and invigorating pack applied through an enveloping massage. This treatment positively re-establishes energy and helps to improve inner balance by bringing radiance to your skin and life to your body.

Specific Face Treatment

[50 min.] €90

A unique treatment to pamper your face through a specific selection of high-quality products that help maintain skin purity and elasticity day after day. This deep cleansing treatment is performed with a massage that stimulates lymphatic circulation, tones facial muscles and plumps skin tissues with an instantly visible result. A loving gesture for your face that will leave you feeling relaxed and rejuvenated.

Kirai Kobido

[50 min.] €110

Also called “massage of eternal youth.” This is an ancient Japanese face and neck massage, which is accompanied by a gentle facial cleansing characterized by a very nourishing mask. It helps blood circulation and has a very natural and long-lasting lifting effect by stimulating collagen production. A wonderful special, efficient and meditative treatment.

ESTHETIC TREATMENTS

Treatment with Cups and Salt

[50 min.] €110

Body treatment performed with a detoxifying cup and a pure exfoliant that acts on the elimination of muscle and skin waste. It promotes the drainage of toxic tissue fluids resulting in a decrease in physical muscle stress.

Peeling and Bodywraps

[50 min.] €90

One of the most useful treatments for cleansing the body and brightening the skin. It ensures a healthier and more toned appearance to the body by making the skin supple, nourished and firm. It also helps improve blood circulation and dissolve many uncomfortable blemishes.

Vodder Drainage Massage

[50 min.] €95

Vodder manual lymphatic drainage is a technique of Danish origin that is distinguished by a very light and harmonious specific manual technique in order to stimulate the movement of fluids to the lymphatic stations and thus their drainage, promoting circulation and tissue cleansing. Various studies also hypothesize that this technique has an effect on the immune system resulting in an increase in the body's defenses.

HOLISTIC TREATMENTS

Entrè

[20 min.] €40

The welcome massage dedicated specifically to the person. 20 customizable minutes that will focus on any localized issues or a simple pampering of great value.

Footmassage

[40 min.] €90

Ancient Eastern practice that works on the Sen meridians and reflex points of the body. A wonderful technique for counteracting numerous mental and physical disorders and relieving the body of everyday stress.

Relax Massage

[50 min.] €90

Of Scandinavian origin, it allows our bodies to regenerate and rebalance the nervous system, relieving muscle and mental tension. It stimulates the lymph, immune system and eliminates negative internal toxins giving pure peace and tranquility.

Sports Massage

[30 min.] €50

Specific massage technique to give strength or relaxation to muscle strips. Passive stretching and myofascial processing help the body increase muscular elasticity, physical performance, and promote good circulation and overall oxygenation.

Massage Myorelaxant

[50 min.] €100

Dedicated to the culture of the body, it helps strengthen the muscles, which, through profunda work, are decontracted and relieved of any stress or superficial pain. A wonderful massage that gives feelings of energy and lightness.

Back Special with honey

[45 min.] €80

A unique treatment aimed at improving the flexibility and total well-being of the back, neck and head. Using connective tissue massage, honey cupping and a final massage, your body will be thankful.

Hot Stone

[60 min.] €100

Thermotherapy massage that acts on deep psycho-physical relaxation, which, thanks to volcanic stones heated to high temperatures, promotes the reduction of muscle and emotional tension. It has a regenerating, decontracting and relaxing action.

Pantai Luar

[50 min.] €130

Ancient Indian massage that is developed on the body's energy meridians. The use of stamps makes it special because they contain healing herbs that repair and detoxify the skin. It is performed with a fine oil heated at high temperatures that promotes healing, healing and inner health.

Wine Special

[50 min.] €160

Wine therapy is a set of luxurious elements that among scents and sensations take us back to the roots of the culture of body care. It has a beneficial function for microcirculation and skin elasticity, skin blemishes and blood vessel protection, and preventive effects on degenerative diseases. It is characterized by a rich exfoliation of vitamin A,C and mineral salts, an emollient pack based on excellent wine and in conclusion a unique brightening and plumping face mask.